



1300 Beard Street
Port Huron, MI 48060

810.982.9500
Fax 810.982.5369

www.mclaren.org/marwood

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MARWOOD MATTERS

July/2018

Brian J. Oberly
Administrator

Kim Koester, RN-BSN
Director of Nursing

Amanda Anderson
Editor



July Staff Anniversaries

Gail Chapdelaine	Cook Help	32 yrs
Melissa Platzer	MDS—LPN	20 yrs
Linda Schumacher	LPN	18 yrs
Krystal Jackson	CNA/Reception	16 yrs
Michael Preston	Dining Services	16 yrs
Heather Travis	Reception	14 yrs
Heather Wilson-Vani	LPN	10 yrs
Stephanie Pegg	LPN	10 yrs
Tara Jones	CNA	7 yrs
Jennifer Landon	CNA	7 yrs
Christine McLeod	CNA	7 yrs
Claire Szymanski	RN	7 yrs
Amber Keller	LPN	6 yrs
Michelle Cowan	Wound Care LPN	5 yrs

Danielle Duckworth	Dining Services	4 yrs
Jenna Dungerow	RSA	4 yrs
Heather Petersen	RSA	4 yrs
Lauren Powers	CNA	4 yrs
Taylor Winters	CNA	3 yrs
Kristi Kilbourne	RN	2 yrs
Maya Lepiors	Dining Services	2 yrs
Kari Lowe	Dining Services	2 yrs
Amber Barber	LPN	1 yr
Judith Giacalone	Dietitian	1 yr
Maggie Kimmerly	RSA	1 yr
Stephanie Karcher	HSK	1 yr
Jeremy Sparling	Cook	1 yr
Magdelene Swartz	CNA	1 yr

Administrator's Corner

ANNUAL RESIDENT & FAMILY SATISFACTION SURVEY

It's not too late! If you haven't already, please take a moment to complete the annual resident and family satisfaction survey that was mailed last month. Your participation is VERY IMPORTANT to us. Our facility strives for clinical excellence and wants to ensure that we are providing the best and service to our residents. You can help us do that by letting us know what you think.

The deadline for completion is Friday, July 6.

The survey process is administered and managed by a third party vendor called National Research Corporation/ MyInnerview. All information provided is confidential and will only be used to improve services offered at Marwood.



Brian J. Oberly
Administrator



AMERICA RED CROSS BLOOD DRIVE - Help Save a Life!

Mark your calendars! On Friday, August 24, 2015, from 8:00 a.m. - 2:00 p.m., Marwood will host a Red Cross Blood Drive in the Main Lounge. 30 appointments will be available and our goal is to reach 20 donated pints of blood. Watch for more information in the upcoming Marwood Matters.

10th ANNUAL MEN & WOMEN WHO COOK

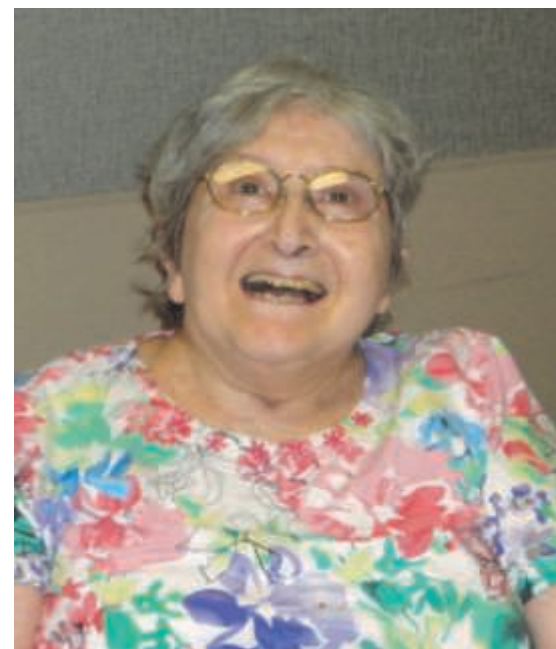
Join us **Wednesday, August 15th from 5:30-8:00 p.m.** at the Seaway Terminal for our 10th annual fundraiser, Men & Women Who Cook. The night will feature a celebration of the BEST dishes from the past 10 years, music, raffles and a silent auction. The chefs participating this year are: John Adair, Mona Armstrong, Jorja Baldwin, Mayor Dan Damman, Sheriff Tim Donnellon, Aaron Faust, Kathy Hayman, Dr. Amanda Hurtubise, Dr. Geof Kusch, Joe Mericka, Cathy Martinek, Chef Mike Moretz, Chip Mortimer, Dr. Chris Rossow, Patti Samar, Christie Sansom, Liz Sawielski and Hale Walker.

Tickets are \$60 per person. To register, visit mclaren.org/marwoodevent or call Hilary at 810-966-5426. All funds raised from this year's event will support equipment and furnishings needed for a new, designated hospice unit at Marwood. We hope to see you there!

ROOM RATE ADJUSTMENTS

Effective August 1, 2018, we will be adjusting our room rates. As always, we continue our pledge to you that we will do our best to hold increases to a minimum. Our last increase was February 1, 2015 when we eliminated our three bed rooms. You will receive a letter in the mail detailing the rate changes. If you have questions, please feel free to contact us.

Resident Profile...Brenda Hulett-Motoligin



Brenda was born and raised in Almont, Michigan. There she grew up with her pony, Blackie and to this day continues her fondness of horses. When Brenda was younger she remembers spending lots of time with her grandparents who would spoil her rotten. After Brenda graduated from high school she attend Sawyer Cosmetology School, later working as a cosmetologist for 10 years. Brenda married her soulmate Michael and they had two children, a boy and a girl. She is an avid General Hospital fan, and loves to spending time with her friends. Brenda likes to laugh and joke. When asked her words to live by she stated "stay out of trouble." She did admit she's learned that the hard way, and still finds it easier to give advice than to heed it. If you find yourself on Dove Lane, feel free to stop in and say hello...

July Employee of the Month

Niurka Rodriguez, CNA



Niurka (Nikki) Rodriguez has worked at Marwood since February, 2014 as a Certified Nurse Aide. She is part of the team on Serenity Circle. She was nominated by a co-worker who wrote: "She is a very kind hearted person to all our residents. She is awesome to work with and the residents love her too!!" There were many other comments from her co-workers on Serenity Circle about her nomination for Employee of the Month. Here are a few: "She is a hardworking, caring employee. She is dependable. She could always make my mom (who was a resident) smile and laugh." "She is helpful, nice, and caring." "She will bend over backwards to help, she is a wonderful aide." "Nikki gives 110% to her residents – she shows concern regarding her residents with her very thorough care. She takes pride in the care she provides." "She moves fast, and she's always moving to try to do something for her residents."

Thank you Nikki and Congratulations!

Little Store

The Little Store on Wheels is available on Fridays from 12:30 p.m. – 2:00 p.m.

On the third Thursday of every month, the Little Store will set up shop in the Main Lounge from 1:00 p.m. - 3:00 p.m.

Please note, the cart will not be available the Friday following the Main Lounge sale.

Alzheimer's Caregiver Support Group

McLaren Port Huron hosts an Alzheimer's Caregiver support group the fourth Tuesday of every month from 1-2:30 p.m. at McLaren Port Huron, Jefferson Building, 1320 Washington Avenue.

The support group is sponsored by McLaren Port Huron, 55 Plus and the Alzheimer's Association of Greater Michigan. For more information or to register, call 55 Plus at (810) 989-3121.

HEALTH TALK

What you need to know about Urinary Tract Infections -(UTI's)

Did you know?

- Increased confusion or wandering does not indicate a UTI.
- Increased falls or changes in physical condition does not indicate a UTI. Changes in mental or physical condition are often due to dehydration. Symptoms often go away with extra fluids and rest.
- Antibiotics are not risk-free. Antibiotics can lead to infection with C. difficile (severe diarrhea) and an increased chance that infections later on will be resistant.
- Smelly, dark, or cloudy urine does not indicate a UTI

What are the symptoms of a UTI?

- The most common signs of a UTI are fever and painful urination
- Frequent urge to urinate but not much urine comes out
- New inability to hold urine
- Pain or tenderness in the belly or one side of the back under the ribs

Why don't changes in the smell or appearance of urine indicate a UTI?

Because diet, dehydration, and other medications can affect the way that urine looks and smells

How can I help?

Look for changes in normal habits, such as needing to urinate more often or more urgently, or complaints of pain when urinating as signs of a UTI. Report changes that may indicate a UTI to nursing staff. Symptoms often go away with extra fluid intake. Help the resident to drink plenty of fluids and encourage them to rest.



Antibiotics are not needed unless the clinical examination shows the resident has a UTI. Taking antibiotics when they are not needed can lead to other serious medical problems including diarrhea, yeast infections and infections later on that cannot be cured with antibiotics.

Catholic Mass Schedule

Catholic Mass will be held on the fourth Wednesday of the month. Services are held in the Main Lounge at 1:30pm.

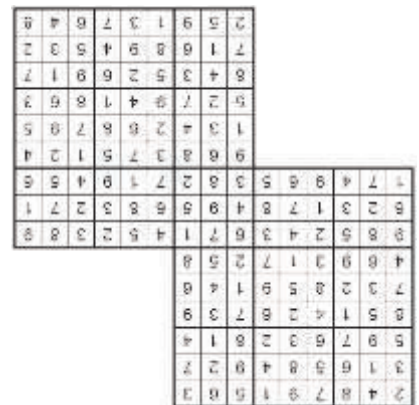
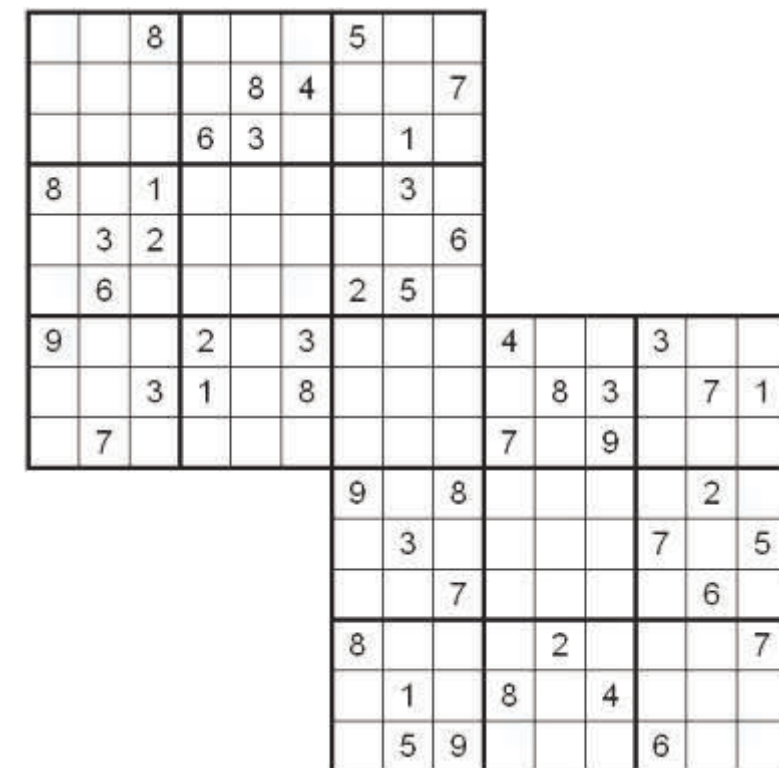
July Birthdays

Nellie S.	7/4
Constance F.	7/4
Dennis D.	7/5
Lois F.	7/11
Linda M.	7/11
Doris S.	7/13
Annette K.	7/14
Marilyn R.	7/15
Wilma M.	7/20
Mildred M.	7/20
Jean B.	7/20
Alexander K.	7/24
James L.	7/25
Barbara P.	7/26
Alma S.	7/28
Bonnie N.	7/29
Dolores B.	7/30
Joyce Y.	7/30
Frances C.	7/31
Barbara M.	7/31

UPDATED Sunday Church Services

9:00 - Main Lounge
10:00 - Serenity Circle Dining Room
11:00 - Bridgeport Dining Room

Sudoku



Solution



Activities Corner

Penny Auction



We will be having a penny auction on July 20th for the residents. Donations would be greatly appreciated along the following options for the auction: purses, trinkets, knick knacks, jewelry, stuffed animals, etc. Please no large items or clothing.

Please bring your donations to the Activities Department. If you have questions, please contact them at 810-966-5388.

Desmond Landing Fishing Trip



Art Therapy

This artwork was completed by our Wednesday art therapy group members. This art therapy task focused on goals of self-expression, sensory stimulation, and promoting relaxation. We reminisced about trips to the beach, collecting shells, fishing and other summer activities. This was a wonderful sensory experience and we would like to say an extra special thank you to **Vickie Preston**, RSA on Lighthouse, for bringing in all these wonderful beach materials for us to use.

- New artwork is now on display in the Resident art gallery located in the main lounge. Please stop in and check it out! Don't forget to sign the guestbook

Donations needed:

- Art Therapy groups meet several times a week and we make some lovely pieces for families to enjoy. I have found even as health declines for those who loved to create art, it is helpful to use the art to review their time spent doing something they loved. So I am kindly asking for donations of **12x12 scrapbooks** and **12x12 page protectors** for the books. If your loved one is a part of art therapy and you wish to purchase them a book that is fine too. I have witnessed the benefits of having a resident go through and share their art, reminiscing and being able to show pride in something they have created. The books would also help preserve the artwork which can become a wonderful piece for families to treasure.
- Crochet and Knitting Art therapy groups- Looking for donations of specific sized **crochet hooks: Size H, I, J.**

